



Sweet spine of mine!

What you need:

LICORICE

ANY ROUND GUMMY CANDY WITH A HOLE IN THE MIDDLE (LIKE GUMMY LIFESAVERS)

HARD MINT LIFESAVERS

What to do:

REMOVE 10-12 OF THE GUMMY AND HARD CANDIES.

THREAD A GUMMY CANDY ONTO A LICORICE STRAND FOLLOWED BY THE HARD CANDY. REPEAT FOR ALL OF THE CANDIES.

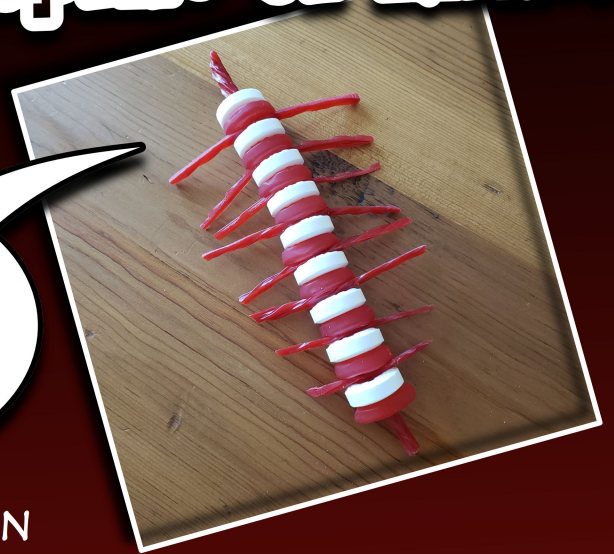
PULL APART A PIECE OF LICORICE INTO ITS INDIVIDUAL STRANDS OR HAVE AN ADULT CUT IT INTO SMALLER STRIPS.

TAKE EACH OF THE SMALLER STRANDS AND WRAP THEM AROUND THE LARGE LICORICE STRAND BETWEEN THE HARD AND SOFT CANDIES.

ALLOW THE ENDS OF THESE SMALLER STRANDS TO STICK OUT FROM YOUR "SPINE."

BEND, TWIST (GENTLY), AND EAT YOUR MODEL!

NO
SKELETONS
IN MY
CLOSET!



What's going on?

THE LARGE STRAND OF LICORICE REPRESENTS THE BUNDLE OF NERVES THAT MAKE UP YOUR SPINAL COLUMN. THESE NERVES RUN THROUGH THE INDIVIDUAL BONES IN YOUR SPINE WHICH ARE CALLED VERTEBRAE AND REPRESENTED BY THE HARD CANDIES. THE GUMMY CANDIES REPRESENT THE BENDABLE DISKS OF CARTILAGE THAT CUSHIONS AND STABILIZES EACH VERTEBRAE. YOU WOULDN'T WANT YOUR VERTEBRAE TO GRIND TOGETHER (OUCH!) THE SMALLER LICORICE STRANDS REPRESENT THE BRANCHING NERVES THAT REACH OUT FROM YOUR SPINAL COLUMN AND EXTEND THROUGHOUT YOUR BODY. IF YOU WANT TO BE PRECISE, YOU WILL USE 24 HARD CANDIES TO REPRESENT THE ACTUAL NUMBER OF VERTEBRAE THAT ARE FOUND IN THE HUMAN SPINE!